



# BLAST!

**B**abysitter **L**essons **A**nd  
**S**afety **T**raining

## About the *Babysitter Lessons and Safety Training Course:*

Designed for children ages 10-16, their parents, and parents looking to hire a babysitter, the **BLAST!** program can prepare children to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, perform first aid, and begin babysitting safely and competently.

**BLAST!** was developed in partnership with the American Academy of Pediatrics and the Emergency Care and Safety Institute.

# Learn the essentials of pediatric first aid, childcare, and household safety that every babysitter needs to know.

Enroll in a **BLAST!** course today!

A **BLAST!** course will be held at the following time and place:

To enroll in this course or learn more, contact: